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[Look to the Hills: The Diary of Lozette Moreau, a French Slave Girl](#)

Posted on 02 January 2018 By Ann Cecil-Sterman

{Gratuit Epub} ó The Art of Pulse Diagnosis: A Step-by-Step Exploration of Method, Directionality, Organ Energetics, Complement Channel Pulses, Textures, and Images Î eBook or E-pub free

This book is a work of art It is full of insight, wisdom and valuable information for the practitioner who seeks for it It is a great book about a specific approach to acupuncture, from the legacy of Jeffrey Yuen Ann is a valuable conduit of his knowledge for any who seek it. In my earlier review of Dynamic Pulses, a extremely thin book describing dynamic pulse taking, I noted that the author was working on a much larger exposition of pulses At long last it is here When I was in Pacific College of Oriental Medicine at NY s student clinic our supervisor Dr Jonathan Daniel would always take the time to explain the many nuances of pulse taking on each patient I will never forget the excitement we all shared the day he rushed us over to his side of the table to feel a Leather Pulse So, the first page I sought out in this intriguing book was the section on the Leather Pulse and I was not disappointed.This

is the book we might have wished we had in school except back then there would never have been any time to digest it all Cecil Sterman starts with a review of the Classical Approach of feeling levels of the pulse, moves on to present in a new light the 28 TCM pulses we mindlessly memorized for our national exams, and then opens up the whole world of Directional Pulses and Organ Communication that nicely complements the new interest in the Eight Extra Meridians and Divergent Channels as demonstrated by the recent flurry of books on these Classical Acupuncture protocols This is the pulse taking book we now have the time to explore And it is time well spent The Art of Pulse Diagnosis is a book to reflect on between patients and to be savored in small chunks And best of all Cecil Sterman has a writing style that flows smoothly from thought to thought. If you ever wanted to understand pulses taking this is THE BOOK. This book should occupy an easily reachable place on every acupuncturist s bookshelf As practitioners, we are fortunate that Ann Cecil Sterman has undertaken such a thorough and exacting effort on behalf of our profession The result is likely the most comprehensive and accessible resource on pulse taking available The format, including clearly delineated sections, commonly asked questions and answers, plus full color illustrations and photos, provides unparalleled clarity and insight into the ancient art of the pulses Whether a student of Jeffrey Yuen in particular, or of Chinese medicine in general, you will find this book invaluable to your understanding and practice, literally at your fingertips.Heather Spangler, L.Ac.HS ACUPUNCTURE.COM



The ART of PULSE DIAGNOSIS

A STEP-BY-STEP EXPLORATION
OF METHOD, DIRECTIONALITY,
ORGAN ENERGETICS,
COMPLEMENT CHANNEL PULSES,
TEXTURES, AND IMAGES

Ann Cecil-Sterman, MS, L.Ac.

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Auteur Ann Cecil Sterman C Est Tr S Bien Et Devient Le Sujet Principal Lire, Les Lecteurs Sont Tr S Takjup Et S Inspirent Toujours Du Contenu Du Livre The Art Of Pulse Diagnosis A Step By Step Exploration Of Method, Directionality, Organ Energetics, Complement Channel Pulses, Textures, And Images, Essai De Ann Cecil Sterman Est Maintenant Sur Notre Site Web Et Vous Pouvez Le T L Charger En Vous Inscrivant Qu Est Ce Que Tu Attends S Il Vous Pla T Lire Et Faire Une Remise Pour Vous

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