

# IGNOU Books, IGNOU Result, IGNOU Solved Assignment, IGNOU

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Mattimeo

The King of Attolia

Shadow Over Kiriath

Olympos

In the Company of Angels

Bridge of Birds

Warbreaker

Oliver Twist

Good Omens: The Nice and Accurate Prophecies of Agnes Nutter, Witch

The Lost Conspiracy

Fury & Light

Gullstruck Island

The Phantom of the Opera

Where Angels Fall

Mistborn

Coraline

Posted on 16 June 2019 By Fumio Sasaki

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I'm not interested in becoming this extreme of a minimalist, nor did this book hold my attention, though I did finish it. This is super extreme as in you only need one fork and nothing on the walls, as in you don't need chairs if you host your friends at a local restaurant and use the local cafe as your living room. I found the sweeping generalization that you cannot lead a life of gratitude whilst owning a lot of things to be a little offputting, not to mention, very subjective. Overall, I didn't care for the writing or the method. I couldn't relate to much of this book because unlike the author, I don't worry about what others think of me nor did I amass items to impress people or attempt to be like them. Also, I'm not sure how warm it is in Japan, but just the winter gear I packed away this weekend is easily more than every item the author owns. Also, the narrator sounded like an agitated American cop and that was just odd.

1.5 stars

Uti n ph i n i v c i T t Quy n n y c t n ti ng Nh t B n lng nhi n l t copy paste ch hi u ch t li n lu n n u kh ng c th ng Google Translate c i T t l Kh ng c n c i g n a, t i gi n i m s ng i kh i th Xu t b n b ng ti ng Anh th n t n l Goodbye, Things On Minimalist Living N i chung l kh ng c ch n o li n quan n vi c c n c Nh t s ng nh th c C m d n nh m nh x nh ngo i Ki u l m d y con l m gi u th h c ng i Do Th i th o n o m h nh nh c vi c g d n Do Th i l m th m c ch ch nh lu n l l m gi u, t c s ch n i a, th lu n d y con t l p th h c ng i M d y con l m c i g c ng gi i v b cmn o th h c ng i Nh t Ch kh ng bi t c ai h c ng i Vi t m nh c i g kh ng th i Ch c l h c nh nhau v i b n gi y ch t th OK. Quy n n y thu c th lo i life style, m nh a n v o danh s ch s ch th ng n o v t gi p m nh N i chung l n c t c ng l n n o th t N i dung ch nh l t t ng b b t c i, s ng t i gi n nh t c th t p trung t m tr v o nh ng vi c m m nh quan t m h n N o con ng i ta l m t c m y vi t nh 50 ng n n m nay ch a bao gi c n ng c p c ng v n th , Ram, CPU v n th T x a n nay n ch c v y m kh ng ti n h a g th m V y t i sao l i cho nh ng v t d ng l n x n b a b n kh ng th ki m so t c chi m m t c i dung l ng n o b , v n v n th t h ng ch c ng n n m nay, v tr v t c n trong cu c s ng c a ch ng ta Fumio Sasaki a ra m t con ng trong c v n con ng d n n s an b nh v h nh ph c h n trong cu c s ng Con ng b t u t vi c gi m b t c trong nh. M nh h u h t ng h phong c ch n y Nh ng gi m n m c n o th l i l m t v n M nh nghi ng vi c t c gi n i r ng m nh l m t ng i th ch xem phim, nghe nh c v c s ch N u l ng i th ch xem phim, c bi t l i n nh th ch bao gi h ch p nh n xem phim b ng c ch eo k nh th c t i o c Nh t nh l ph i m n h nh to v m thanh l p th D ng k nh VR ch l b t c d T ng t nh v y v i c s ch C m gi c c m quy n s ch gi y x n, d c c th c ng v n kh c v i c m c i Kindle l t ng l ki n th c th ch kh c ch g nhau Nh ng c m gi c l kh c y M nh kh ng i n o scan s ch gi y c tr n Kindle c M y c s ch ho n to n ch d ng khi nh nh ng, i du l ch ho c c nh ng quy n kh ng b n Vi t Nam C ng c th m nh ch a t i gi n C l ph i chi m nghi m th m trong t ng lai. Nh ng n i chung, quy n n y v c m y t c ph m c li n quan, VD nh quy n Ngh thu t b i tr c a ng i Nh t c a Marie Kond l r t ng c v suy ngh M nh c ng v t i c kha kh v r r ng l c m th y nh nh ng T ng lai s c n v t i p N n nh , ch ng c c i g l kh ng th v t i c C y n t m l nh th. Vote 4 5 I m now a minimalist. Sasaki's photographs in the beginning of this book jolt one awake to what he

means by minimalism Some people are so radical that it makes the rest of us look like hoarders But by the end of this very simply written and superbly argued short book, most of the arguments we have for cluttering our space and complicating our lives are defeated One must recognize at some point that whatever dreams are mixed up in purchases we have made, the potential of the ideas quickly fade when not acted on immediately, as in when the objects are saved for something we vaguely anticipate in the future In the minimalist outlook, objects should do some kind of worthwhile duty, even if that duty is to make us happy, or please our senses When objects become a burden, or chastise us by their silent immobility, collecting dust, literally taking up the space we need to breathe, we can give them away, throw them out, auction them off, or otherwise get them out of our lives so that some potential can grow back into our ideas That means even books we bought with the intention to read but which make us sad every time we look at them. But don't take my word for it Sasaki really does have an answer for every possible objection you may have For instance, 37 Discarding memorabilia is not the same as discarding memories Sasaki quotes Tatsuya Nakazaki Even if we were to throw away photos and records that are filled with memorable moments, the past continues to exist in our memories All the important memories that we have inside us will naturally remain I am not convinced this is so at every stage of life, but think there is a natural life to what we need in terms of archival items If your children don't want it, you don't need to keep all of it Keep the ones that matter only. Note that Sasaki recommends scanning documents like old letters that are important to you because you can't go out and buy another if you find you were too radical in your culling However, even the archival record becomes a burden when it becomes too large unless well marked with dates, etc He admits that letting go of those stored memories is a further step in true minimalist living. The freedom one experiences when one owns fewer things is undeniable Sasaki expresses the joy he experiences when he visits a hotel or a friend who uses big bath towels He'd limited himself to a microfiber quick drying hand towel for all his household needs, and enjoyed the lack of big loads of washing at home and using big thick towels while he was out a twofer of happiness. We are encouraged to find our own minimalism Everyone has their own limits and definition The author explains that 15 Minimalism is a method and a beginning The concept is like a prologue and the act of minimizing is a story that each practitioner needs to create individually We definitely don't need all we have, and the things we own aren't who we are We are still us, underneath all the stuff Some people will find this reassuring others may find it disconcerting. At the end of this small book, Sasaki reminds us the clarity that comes with minimalism Concentration is easier Waste is minimized Social relationships are enhanced You don't need forty seconds in a disaster to decide what to take You live in the now. The translation of this book is fantastic, by Eriko Sugita It does not read like a translation, but as an intimate sharing by someone who has been through the hard work of paring down one's possessions so that his own personality shines through It is a kind of gift Even if one doesn't throw a thing away

I heartily doubt that will be the case after or during the reading of this book, the notions are seeds Gratitude grows in the absence of things. Fumio Sasaki takes minimalism to an entirely new level I could not live in such a fundamental environment I need beauty and plant life my home is my sanctuary, not just a place to sleep This lifestyle works for him and others, I am sure, but just not for me I much prefer William Morris s quote Have nothing in your house that you do not know to be useful, or believe to be beautiful. Picked this up as a 1.99 audible book I have been a minimalist so sorts for quite a while In the Marines I could pack up everything I owned into two sea bags Married, a kid, college books and I kind of lost it Now with a life I could pack into a midsize hatchback with a bike rack I am back Sasaki can physically pack up his life and move in 30 minutes I can t He lives in a 200 square meter apartment I like going to Ikea and have imagined I could be happy in one of their display micro apartments Sasaki also ties personal happiness to minimalism in a logical discussion that is very believable I do imagine it would be like a book on vegetarianism helping save the planet and the readers health to many people though It is something many do not believe is natural However, if the reader is curious and interested it is a great instructional book. Minimalism is built around the idea that there s nothing that you re lacking Fumio Sasaki, Goodbye, Things The New Japanese Minimalism I wasn t a fan of the writing Perhaps, I went in expecting of a Zen minimalism aesthetic Perhaps, I am just comparing it to other design living books that seemed to resonate better S, M, L, XL, A Place of My Own The Education of an Amateur Builder, Wabi Sabi For Artists, Designers, Poets Philosophers, etc By the end of the book, it all just seemed overwritten overhyped So, 2 stars. It also seemed like a bit too self help, too superficial, too list oriented I felt I was given a bunch of bullet points for tossing out things that never traveled very deep I also and I ve seen this expressed by others find it odd that a book on minimalism would have a list 55 items long Perhaps, Sasaki could have slimmed that list down to 25 Some of the items seemed a bit redundant and others seemed a bit weak Even Sasaki s explanation for they why, seemed a bit superficial Also, I wasn t a fan of the corporate minimalism He name dropped Apple and Steve Jobs also Google, Dropbox, Facebook, Twitter, etc as if the New Japanese Minimalism existed in an app on the iPhone Hell, it probably does. That all said, however, it DID encourage me to drop off a couple boxes of books to Goodwill and start ditching some dishes in our kitchen and clothes in our closet So, I gave it an extra star three stars for JUST that. I received an advanced copy from Goodreads, and was, to be honest, skeptical at first Hasn t Marie Kondo already turned the minimalism trend around Sasaki s book is his own, however He is a humble and honest guide throughout the book Sasaki offers insights on minimalism through his own mind and life I really enjoyed reading the book It felt very cleansing, like taking a shower at the end of a long day. I took notes throughout the book, for personal reference Here is a slice Our minds are old, unequipped for technological overload You get used to things you buy They re only new and shiny for a week or a month Why less possessions You get less messages sent from them Messages

the connotations You know, that old composition notebook that s half written in You don t want to waste the rest of the unwritten pages You have to use it Yes, you ll use it tomorrow for a grocery list But there are so many pages left to finish writing in Tomorrow comes, you forget to use it And it still sits on your desk and you re still convinced you ll use it.

# goodbye, things

FUMIO SASAKI



THE NEW JAPANESE  
MINIMALISM

Some thoughts on Goodbye, Things Mr Sasaki writes about minimalism in maximalist manner A good editor could have cut this book down to the length of a magazine article, added a few of the book s photographs, and nothing much would have been lost In fact, the book could have almost been condensed to the 55 tips to help you say goodbye to your things on the last few pages of the book That would have been true minimalism But then, Mr Sasaki wouldn t have had a book to sell.Mr Sasaki writes about people gaining an identity through the things they have However, he s gained an identity as a minimalist by giving things up In a way, it s the same deal just going in another direction.Reading Goodbye Things, I felt as if I was listening to a combination TV preacher and motivational speaker Minimalism is the one true religion and you can change your life for the better by converting to minimalism.Mr Sasaki writes about being an alcoholic he doesn t use the term but, to me, getting drunk every night and going to work hung over the next morning is being an alcoholic before finding minimalism If finding a minimalism lifestyle worked for him, that s great, but I doubt that it would be a common cure for alcoholism, as he implies This book is an advertisement for Apple and its products I could have done without that.All of that said, I did find some good points in the book, and reading it did make me think about my life and some changes I could make to it I know that I have too many things cluttering up my life, and as I was reading, I found myself getting rid of some things I hadn t used in years and probably never would use.I also thought about buying things, often for no good reason Until recently, I owned two watches one with a black face and a black band, and one with a light colored face and a brown band I know people who don t even own a watch, and just look at their phone if they need to know the time The watch with the brown band started losing time after about 25 years, so I decided to replace it I bought an relatively inexpensive but solid watch from L.L Bean that I figure will last me for a good many years If I had read this book a week ago, I would have stuck to one watch and would have been happy with it.Mr Sasaki also writes about valuing things that we have and not growing tired of them because they re no longer new or novel To me, that s a very important concept There are things in our home that I value, and clothes that I enjoy wearing, even though they re far from being new.The book also makes the point that by placing less value on things and by becoming less attached and involved with those things, we may becomeinvolved with the people in our lives That s probably true and certainly a good thing A good quote from the book p.253 Because I don t own very much, I have the luxury of time In the end, I wasn t converted I want to sleep on a real mattress on a bed I like to read books with paper pages, not words illuminated on a screen If Mr Sasaki reads non e book books, it s only at the library, they don t seem to be welcome in his home I don t want to listen to recorded music played through computer speakers, or through ear buds or head phones I no doubt haveclothes than I need though I m very far from being whatever the male version of a fashionista is called , but I enjoy changing what I wear Three white shirts shown in the photograph of Mr Sasaki s closet wouldn t do it for me Another Goodreads reviewer of this book quoted

William Morris Have nothing in your house that you do not know to be useful, or believe to be beautiful That says it for me, muchso than minimalism does My rating five stars for the ideas presented two stars for the manner in which they were presented so three. ^Pdf ?  
????????????????? ?????????????? ? Fumio Sasaki Is Not An Enlightened Minimalism Expert He S Just A Regular Guy Who Was Stressed At Work, Insecure, And Constantly Comparing Himself To Others Until One Day He Decided To Change His Life By Reducing His Possessions To The Bare Minimum The Benefits Were Instantaneous And Absolutely Remarkable Without All His Stuff, Sasaki Finally Felt True Freedom, Peace Of Mind, And Appreciation For The Present Moment Goodbye, Things Explores Why We Measure Our Worth By The Things We Own And How The New Minimalist Movement Will Not Only Transform Your Space But Truly Enrich Your Life Along The Way, Sasaki Modestly Shares His Personal Minimalist Experience, Offering Tips On The Minimizing Process And Revealing The Profound Ways He Has Changed Since He Got Rid Of Everything He Didn T Need The Benefits Of A Minimalist Life Can Be Realized By Anyone, And Sasaki S Humble Vision Of True Happiness Will Open Your Eyes To Minimalism S Potential

## New Post

The Pull Out Method  
Resurrecting Cybele  
The Participants  
The Hunted  
Holes  
Knight of the Purple Ribbon  
Cruel Beauty  
The Titan's Curse  
The Final Reckoning  
The Great Hunt  
To Darkness Fled  
SilverFin  
The Oaken Throne



Return of the Guardian-King

Mattimeo

## Recent Post

Harry Potter and the Deathly Hallows

The Last Battle

A Tale of Two Cities

The Lord of the Rings

The Last Olympian

The Maze Runner

The Queen of Attolia

The Witch of Blackbird Pond

The Black Cauldron

The Devil Wears Prada

Harry Potter and the Goblet of Fire

If on a Winter's Night a Traveler

Rebecca

The Tale of Despereaux

Fahrenheit 451

The Princess Bride

To Say Nothing of the Dog

Great Expectations

Animal Farm / 1984

Crime and Punishment

The Return of the King

Ender's Game

The Final Empire

Lord Brocktree

The Hero of Ages

The High King

The Pull Out Method

