

# IGNOU Books, IGNOU Result, IGNOU Solved Assignment, IGNOU

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Lord of Scoundrels

The Perks of Being a Wallflower

Shantaram

The Old Man and the Sea

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Replay

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The Daily Drucker: 366 Days of Insight and Motivation for Getting the Right Things Done

Brave New World

The Book Thief

I Know This Much Is True

The Kitchen God's Wife

The Comedy of Errors

The Hundred Secret Senses

The Outsiders

Posted on 04 June 2018 By Richard M. Berlin

## [ Free Book ] ? Poets on Prozac: Mental Illness, Treatment, and the Creative

# Process ? MOBI eBook or Kindle ePUB free

This book is actually amazing so far As a poet who has suffered mental eccentricities, it's really interesting to read about other people's experiences with depression, bipolar disorder and PTSD Before I got really sick, I do think I, in a lot of ways, conquered my own PTSD through poetry, and it's nice to read that someone else had the same experience I definitely am attracted to the essays that promote therapy and or medication, or therapy and poetry as a combination, to the ones that treat mental illness as a gift, since so many truly great people have suffered, and who consider the mental illness as part of their creative process When I was sick, I wrote some things that I think are really clever and or beautiful in a painful way, but I wrote a lot of shit to get there And I like the stuff I've written better since I have sought treatment. This book was surprisingly enjoyable The essays were well selected and comprehensively explored mental health treatment in relation to creativity.







*Poets*

ON PROZAC

MENTAL ILLNESS,  
TREATMENT *and the*  
CREATIVE PROCESS

*Edited by*

RICHARD M. BERLIN, M.D.

hate this book already so, phew, i don't have to read it poetry and psychomedication should never mix except 1 when the poet takes psychomedication in the privacy of her home or the publicity of the coffee shop, the library, the psychiatric ward, etc., in private ingestive acts having all to do with her personal needs and nothing to do with the words that issue from her fingers words exist independently of the poet's personal needs, however profound such needs might feel to the poet, and connected to the creative act she engages in 2 when psychomedication appears in the poet's own ironic and winkingly, mockingly self deprecatory bio on the back cover of her book but not, or hardly ever, at the bottom of her magazine or journal published poem, where it would most likely fail to be recognized as mocking and ironic and be read as serious 3 when psychomedication appears in the poet's poetry, where words beat to the heartbeat of their own drum and drum a tune on the kitchen table but do not, ever, act as apologetic advertisements for pharmaceutical companies, enticements to the ministrations of a probably well remunerated psychiatrist, or circumstantial evidential support of dubious scientific theories these are the only cases when poetry and psychomedication can mix all other cases are dubious and spurious and silly and should be obstructed with the sternest determination the end. This collection of essays was alternately resonant and esoteric I found myself relating to a lot of the depressive accounts of these poets but at the same time remembering that I'm not particularly a poetry fanatic Some of the poems were so oblique as to have their relevance lost on me This made reading the essays rather less satisfying than I would have liked However, a lot of the success stories of these mostly middle aged poets were very hopeful and inspiring In sum, though, I would have liked to read from different types of artists with mental illnesses, not just poets. [ Free Book ] ? Poets on Prozac: Mental Illness, Treatment, and the Creative Process ? Poets On Prozac Shatters The Notion That Madness Fuels Creativity By Giving Voice To Contemporary Poets Who Have Battled Myriad Psychiatric Disorders, Including Depression, Schizophrenia, Post Traumatic Stress Disorder, And Substance Abuse The Sixteen Essays Collected Here Address Many Provocative Questions Does Emotional Distress Inspire Great Work Is Artistry Enhanced Or Diminished By Mental Illness What Effect Does Substance Abuse Have On Esthetic Vision Do Psychoactive Medications Impinge On Ingenuity Can Treatment Enhance Inherent Talents, Or Does Relieving Emotional Pain Shut Off The Creative Process Featuring Examples Of Each Contributor S Poetry Before, During, And After Treatment, This Original And Thoughtful Collection Finally Puts To Rest The Idea That A Tortured Soul Is One S Finest Muse This is an amazing book and even so for poets who struggle with mental illness

## New Post

Life of Pi  
Mockingjay  
The Last Battle  
Oliver Twist  
Bridge of Sighs  
One Flew Over the Cuckoo's Nest  
The Cider House Rules  
Charlie and the Chocolate Factory  
The Complete Stories and Poems  
Cutting for Stone  
A Prayer for Owen Meany  
1984  
Catch-22  
Anne of Green Gables  
Lord of Scoundrels

## Recent Post

Jane Eyre  
The Lion, the Witch and the Wardrobe  
Harry Potter Series Box Set  
Gone with the Wind  
Holy Bible: King James Version  
The Hunger Games  
Sense and Sensibility  
To Kill a Mockingbird  
Little Women  
Pride and Prejudice  
The Chronicles of Narnia  
A Christmas Carol  
Animal Farm  
Resilience: Adapt and Plan for the New Abnormal of the Covid-19 Coronavirus Pandemic  
Bournemouth Boys and Boscombe Girls  
Empire Falls  
The Hobbit, or There and Back Again  
Lord of the Flies  
The Diary of a Young Girl

The Day of the Triffids  
Slaughterhouse-Five  
Flowers for Algernon  
The Merchant of Venice  
Cloud Atlas  
Twilight  
Catching Fire  
Life of Pi