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[Look to the Hills: The Diary of Lozette Moreau, a French Slave Girl](#)

Posted on 24 April 2018 By Mike High

DOWNLOAD EBOOK ✕ The C&O Canal Companion ? PDF eBook or Kindle ePUB free

We live about four miles as the crow flies from the CO canal, and I've spent literally hundreds of hours walking, biking, and riding horseback on it. This guide takes readers on a mile by mile tour of the towpath and also provides a comprehensive history of the planning, building, decline, and then rebirth of the canal as a unique national park. There's also practical information for hikers, bikers and campers on facilities and campsites along the 184 miles of the canal. The maps and descriptions in this book were helpful while my partner and I hiked portions of the towpath along the canal. The description of towns and their history along the canal helped us decide where to go. Highlights were Great Falls, the Monocacy aqueduct, the lockhouse at Williamsport, Fort Frederick and the Big Pool, and the Paw Paw tunnel. I'm sure we missed a lot of interesting sites, but we'll be back to see another time. This appears to be the best book if a little cumbersome to take on a hike/bike trip on the CO canal, but I don't know if there is much competition although check out the web. He's fine on history and has done a lot of work marking points of interest to the tenth of a mile along the canal. However, his section describing the mechanics how a lock works, what a guard gate does leaves a lot to be desired. Some descriptions are outdated, but that

s understandable. An interesting history of the canal along with good hiking info. The canal is only a few miles from us, and we go biking on it frequently This book has been a pretty decent resource for finding new access points, and giving information on where the next campground water pump is located My goal is bike the upper 90 miles in this fall, and the remaining 90 miles in the spring, with this book tucked in my pack

UPDATED EDITION

The C&O Canal Companion

A complete guide to the history of the C&O Canal National Park
and its attractions—from cycling and canoeing
to hiking the towpath and exploring natural wonders



MIKE HIGH

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Thanks for lending this to me, Sheffy I think my favorite line in the book was from the section on the Pittsburgh extension If George Washington were alive today, I have no doubt he d have traded in his matchcoat for Spandex Ha `DOWNLOAD EBOOK ? The C&O Canal Companion ? A Comprehensive Guide To One Of America S Unique National Parks, The CO Canal Companion Takes Readers On A Mile By Mile Tour Of The Mile Potomac River Waterway And Towpath That Stretches From Washington, DC To Cumberland, Maryland, And The Allegheny Mountains Making Extensive Use Of Records At The National Archives And The Park Headquarters, The Author Demonstrates How Events And Places Along The Canal Relate To The History Of The Nation, From Civil War Battles And River Crossings To The Frontier Forts Guarding The Route To The West With Photographs And Drawings, He Introduces Park Visitors To The Hidden History Along The Canal And Provides Practical Advice On Cycling, Paddling And Hiking All The Information Needed To Enjoy Fully The Park S Varied Delights The New Edition Of This Popular Book Features Updated Maps And The Latest Information On Lodgings And Other Facilities For Hikers, Bikers, And Campers For A Weekend Excursion Or An Extended Outdoor Vacation, This Guide Remains Indispensable For Visitors To The CO Canal Park

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